



Diagnostic Approaches

- Most general system: **Ba Gang (The Eight Principles)**
Used as first step in determining further approaches
- used to determine the pathogenic process in particular exogenous factors: **Bing Yin Bian Zheng (Etiological Differentiation)**
- used for exogenous Wind-Cold syndromes: **Liu Jing Bian Zheng (Six Divisions Differentiation)**
- used for febrile diseases: **Wei Qi Ying Xue Differentiation**
- used for febrile diseases: **San Jiao Differentiation**
- used for the deepest level endogenous problems: **Zang Fu Differentiation**
- local stagnation and deficiency problems: **Jing Luo (Channel and Collateral) Differentiation**
- general endogenous problems problems that have not yet affected the Zang Fu or used in combination with Zang Fu differentiation: **Qi Xue Jin Ye Differentiation**

Principles of Diagnosis

- Information is collected using the four examinations
- An assessment of diagnosis is then made using the various approaches
- All patients will have **two levels of diagnosis**
- Bian Bing (Illness Differentiation) - Disease Name**
- Bian Zheng (Syndrome Differentiation) - The Pattern**

Si Zhen (The Four Methods)

- Inspection**
 - Vitality
 - Color
 - Appearance
 - Five Sense Organs
 - Tongue
- Auscultation and Olfaction**
 - Listening
 - Smelling
- Inquiring**
 - Chills and Fever
 - Perspiration
 - Appetite, Thirst and Taste
 - Pain
 - Sleep
 - Menses and Leukorrhea
- Palpation**
 - Pulse
 - Abdomen
 - Channels
 - Other parts of body