



Liver Syndromes

Liver wind

from Liver Yang Rising

- symptoms: Dizziness/vertigo, paralysis/difficult speech
- tongue: red, peeled and deviated
- pulse: wiry, fine rapid
- looks like stroke

from Liver Yin Deficiency

- symptoms: Involuntary movement of limbs
- tongue: red thin tongue, deviated
- pulse: thin, rapid, choppy

from Liver Blood Deficiency

- symptoms: Cramping
- tongue: pale, deviated
- pulse: choppy
- looks like parkinson

from Extreme Heat

- symptoms: High fever, Convulsions, Opisthotonos
- tongue: deep red, stiff, thick yellow coat
- pulse: wiry, rapid, full
- looks like convulsions

Blood Deficiency

- symptoms: pale face, numbness at extremities, vision problems, delayed short light red menses or no menses, cramps
- pulse: thin may be choppy or wiry
- tongue: pale thin dry borders may be pale orange

Fire

- symptoms: Liver fire rising, Intense headache/Dizziness, flushed face, blood shot eyes, irritability, short temper, nose bleeds/profuse periods/coughing blood
- tinnitus: loud onset
- + Heat
- pulse: wiry rapid
- tongue: red yellow coat redder on sides

Yang Rising

- symptoms: Live Fire from Deficiency, poor memory, + Yin deficiency
- pulse: String-taut/wiry, thin, rapid
- tongue: Red borders, little or no coat

Yin Deficiency

- symptoms: Dizziness, Blurred vision, hypochondriac pain, + Yin deficiency
- pulse: thin, rapid, may be choppy or wiry
- tongue: red thin tongue

Qi Stagnation

- symptoms: Mental depression, upward movement of Spleen phlegm mists the mind, Frequent sighing, liver Qi rebellion, distending pain in the hypochondrium/breasts/lower abdomen, irregular menstruation/cramps, Qi stagnating flow of blood, poor appetite/diarrhea, affect of liver on spleen, pumb-pit sensation, stagnation of qi/phlegm, goiter, qi/phlegm stagnation in neck, + Qi stagnation
- pulse: String-taut/wiry
- tongue: thin white coat or purplish tinge

Retention of Cold in the Liver Meridian

- symptoms: distending pain in abdomen, pain refers to testes, contraction of scrotum, shrinking of vagina, pain aggravated by cold, better with warmth
- pulse: deep slow String-Taut/Wiry
- tongue: Pale, wet white coat, slippery

Damp Heat in the Liver and Gallbladder

- symptoms: hypochondriac pain, bitter taste in mouth, poor appetite, nausea, vomiting, abdominal distention, scanty yellow uring, jaundice, vaginal discharge, genital itching
- pulse: slippery, wiry, rapid
- tongue: red body, sticky yellow coat
- must have Spleen Qi deficiency before this